

50 WAYS TO END BOREDOM

1. Learn how to do origami
2. Learn a magic trick
3. Do a yoga challenge
4. Daydream
5. Have a healthy debate
6. Have a cooking competition
7. Do fun crafts
8. Play indoor basketball
9. Upcycle some old furniture
10. Play a board game
11. Make bracelets
12. Re-organize your Kitchen
13. Build lego
14. Try cooking without a recipe
15. Take a power nap
16. Build a card tower
17. Re-decorate your bedroom
18. Learn calligraphy
19. Make some music
20. Declutter your house
21. Start a bullet journal
22. Have a body detox day
23. Start a vegetable garden
24. Catch up on school/work
25. Find a new hobby
26. Have a paper plane race
27. Enroll in an interesting online course
28. Interview your family
29. Rearrange your living room
30. Have a fashion show
31. Have indoor picnic
32. Look at the stars
33. Watch a long documentary
34. Write gratitude cards
35. Learn about your ancestry
36. Listen to a cool podcast
37. Assign yourself a research project
38. Learn yoga
39. Have a talent show
40. Explore the world through Google maps
41. Write a letter to a loved one
42. Have a family karaoke night
43. Make a poem
44. Have a deep conversation
45. Learn how to paint
46. Master a skill/talent
47. Self-pamper time!
48. Start a blog
49. Go for a run
50. Write a story